



DR. GREGORY SILLER M.B.B.S. (Qld), F.A.C.D.
CONSULTANT DERMATOLOGIST, Provider No: 341444A

PATIENT NAME _____ DOB _____

ADDRESS _____

PHONE _____ MOBILE _____

PROVISIONAL DIAGNOSIS _____

SITE _____ OCCUPATION _____

ADDITIONAL CLINICAL DETAILS _____

- | | |
|--|--|
| <input type="radio"/> BAKERY | <input type="radio"/> OIL & COOLING FLUIDS |
| <input type="radio"/> COSMETIC | <input type="radio"/> ORTHOPAEDIC |
| <input type="radio"/> DENTAL | <input type="radio"/> PLANT |
| <input type="radio"/> EPOXY | <input type="radio"/> PLASTICS & GLUE |
| <input type="radio"/> EUROPEAN / STANDARD | <input type="radio"/> PRESERVATIVE |
| <input type="radio"/> HAIRDRESSING | <input type="radio"/> RUBBER |
| <input type="radio"/> ISOCYANATE | <input type="radio"/> SHOE |
| <input type="radio"/> LIP | <input type="radio"/> STEROID |
| <input type="radio"/> MEDICAMENT | <input type="radio"/> SUNSCREEN |
| <input type="radio"/> METALS | <input type="radio"/> TEXTILE |
| <input type="radio"/> METHACRYLATE (ADHESIVES, DENTAL & OTHER) | <input type="radio"/> PHOTO PATCH TESTING |
| <input type="radio"/> OTHER | |

TEST REQUIRED

REFERRING CLINICIAN _____ PROVIDER NUMBER _____

ADDRESS _____

SIGNATURE _____ DATE _____

DO YOU WANT CBD TO CONTACT PATIENT? (IF YES, PLEASE FAX TO 07 3831 4387) YES NO

CENTRAL BRISBANE DERMATOLOGY

ALLERGY PATCH TESTING REFERRAL PAD

If your referring Practitioner has not already done so, please fax the front page of this completed form to **07 3831 4387** or alternatively email it to **nurse@cbdermatology.com.au** well before your appointment. This will allow us to pre-prepare your tests, saving your time.

Patch testing is most often carried out to determine whether you have developed an allergy to a substance that your skin is coming in contact with. Your co-operation is needed to ensure the successful outcome of this test. The test involves the application of several test panels to your back with adhesive tape. These test panels have been impregnated with a variety of allergens which are usually applied on a Monday, removed and read on Wednesday, with a final reading on Friday.

Patch testing only detects "delayed type" allergies that cause dermatitis. It does not test for the "immediate type" allergies that cause hayfever, sneezing, asthma, hives or urticaria. This type of allergy requires a different type of allergy testing performed by allergists. You may require both forms of

testing. Only in exceptional circumstances is food tested by patch testing but often food additives are. It is essential for you to bring on the first day of the test any specific items that you feel you may be allergic to, eg shoes, gloves, creams, cosmetics, sunscreens or plants.

Patch Testing should not be performed within two weeks of an acute sunburn on the back or if you are taking more than 5mg of Prednisone or similar steroids as both these can result in false readings. Please advise this before your appointment. Except in exceptional circumstances, patch testing is best avoided during pregnancy.

Patients with widespread dermatitis of their back may need to have this treated first before undergoing patch testing. Please do not apply any creams to your back just prior to the Monday appointment or use steroid containing creams on your back for one week before the test.

If you have any concerns, please do not hesitate to contact us on **07 3831 4382**.



9th Floor, Silverton Place
101 Wickham Terrace
Phone: 07 3831 4382
Fax: 07 3831 4387
nurse@cbdermatology.com.au
www.cbdermatology.com.au